

Paula Cassin Learning Centre – Day Programs Winter Programs: Jan 7th, 2025 - Mar 29th, 2025 The Paula Cassin Learning Centre 300 New Toronto Street - Unit #1 Etobicoke, ON M8V 2E8

Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise (Virtual	Brain Games (In	Let's Get Out (In	Exercise	Virtual Exercise
and in Person)	Person)	Person)	(Virtual)	10:00 - 11:00
10:00-11:00	10:00-11:00	10:00-11:00	10:00-11:00	
Let's Play Games		and and walk	(00 2	Drum Fit
11:15-12:15			£ .	(In Person)
(In Person)				10:00 - 11:00
			₹	
Lunch 12:30 – 13:30				Lunch 11:30 – 12:30
Bowling	Cooking (Virtual	Let's Solve a	Massage (In	Drop In (In
(In Person)	and in Person)	Mystery (In	Person)	Person)
13:00 - 15:00	13:00 – 14:30	Person)	12:30 - 15:00	12:30 - 14:30
		13:30 – 14:30		
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