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Fall Programs: Oct 1st, 2024 – Dec 28th, 2024

The Paula Cassin Learning Centre
 300 New Toronto Street – Unit #1
 Etobicoke, ON M8V 2E8

Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise (Virtual and in Person) 10:00 – 11:00 	Cooking (Virtual and in Person) 10:00 – 11:00 	Chair Yoga (Virtual and in Person) 10:00 – 11:00 	Social Hour (In Person Only) 10:00-11:00 	Virtual Exercise 10:00 – 11:00 
Let's Play Games 11:15 – 12:15 (In Person Only) 	Let's Play Games 11:00 – 12:00 (In Person Only) 	Let's Play Games 11:15 – 12:15 (In Person Only) 		Let's Learn (In Person Only) 10:00 – 11:00  Let's Learn!
Lunch 12:30 – 13:30				Lunch 11:30 – 12:30
Bowling (In Person Only) 13:00 – 15:00 	Movies (In Person Only) 13:00 – 15:00 	Let's Solve a Mystery (Virtual and in Person) 13:30 – 14:30 	Cooking (Virtual and in Person) 13:30 – 15:00 	BINGO/Games (Virtual and in Person) 12:30 – 14:30 